



Castlebank Care Home

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December 2022



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A Note From Daniel and June



Seasons Greetings

Well December is upon us and let's look forward to making new and memories as Christmas comes ever closer. Another year is coming to an end for many it is a bittersweet time as well as a time for celebration and reflection. Every year brings its own unique set of victories and defeats, struggles and joys but nothing seems too hard or too bad when you have a Christmas tree in the corner of your sitting room. Whether you have been naughty or nice December brings a piece of magic to every one's hearts and here at Castle Bank we look forward to the sharing this sparkle with our residents, staff, friends and relatives.

We have a joyful array of events planned in December including the Residents Christmas party, Christmas puppet show, Carol singers and not forgetting the delicious Christmas Dinner on the big day itself! Family and Friends are always welcome to visit during the holidays and we love the opportunity to see new and old faces and share a mince pie or three!

The past couple of weeks have also brought snow and ice weather to Tow Law as Winter takes hold. Whilst this does look pretty, it is important to take good care when outdoors and keep an eye on vulnerable neighbours and members of our community. Keeping warm by wearing suitable layers of clothing and drinking frequent hot beverages is essential. Meanwhile, some can hope for a white Christmas to bring the Christmas care images to life!

May you have the gladness of Christmas, which is hope, the spirit of Christmas which is peace and the heart of Christmas which is love. We wish you a peaceful Christmas and a healthy and happy new year.

With very best wishes,

Daniel and June

Guess the year

In this section we travel back in time to a mysterious year from the past. All you after to use the clues to work what the year it is?

Clue 1 NEWS: Bill Clinton becomes President of the USA and John Major launches his 'Back to Basics' campaign. .

Clue 2 SPORT: Arsenal win the FA Cup final against Sheffield Wednesday by 2-1.

Clue 3: MUSIC: No.1s include: I will always love you by Whitney Houston, Dreams by Gabrielle, I can't help falling in love by UB40 and Mr Blobby makes Christmas No.1!

Clue 4: FILM / TV: Jurassic Park and Mrs Doubtfire are big at the box office. Meanwhile, GMTV and Supermarket Sweep make their debut.

Clue 5: TRIVIA: The Ford Mondeo first goes on sale and a false start causes the Grand National to be cancelled!

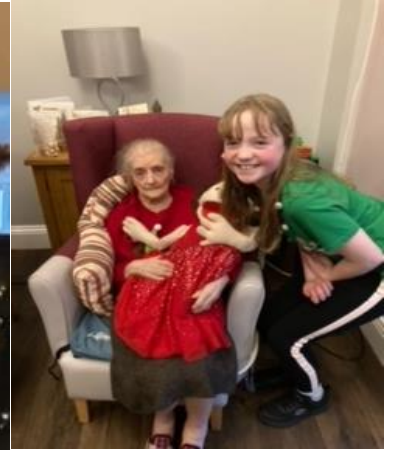
The year from the last edition was 1979!



Castlebank Photo Album

Over the past month Castlebank has been a warm hub of happiness, celebration and enjoyment and here are some of the photos that capture and reflect on some of these moments and celebrate our wonderful residents.

December 2022



Activities for December

As Christmas approaches, we have a busy and exciting schedule of seasonal events to look forward to including;

- Monday 19th December - Pantomime visiting with fun and laughter for all!
- Carol singers from the local primary school to spread some seasonal cheer.
- Festive craft making including, Christmas cards and decorations.
- Thursday 8th December Christmas Jumper Day plus quiz with festive themed bingo.
- Thursday 22nd December – Wag and Co. dog therapy.
- Movie and music afternoons with singing, memory boxes and personal recollections.
- Christmas party with music, games, crackers and mince pies.



Poetry Corner

Merry Christmas!

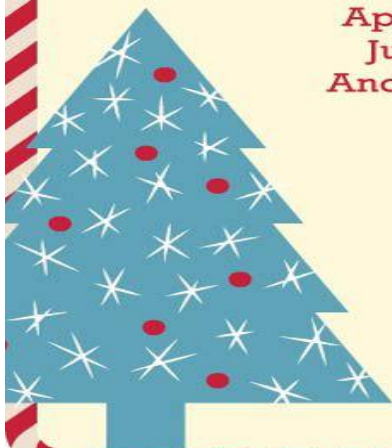
By: 365greetings.com

Everyone is jolly,
Everyone is happy,
We call this Christmas,
And it's time have fun.

Do not be gloomy,
Appreciate the beauty,
Just look at the stars,
And wish what you want.

No time to worry,
No need to hurry,
It's time to relax,
Be thankful and be glad.

Never feel lonely,
You have a family.
I give you this card,
To say Merry Christmas!





We do hope that these jokes make you smile this December!

How much did Santa pay for his sleigh?

A. Nothing. It was on the house!

Who is never hungry at Christmas?

A. The turkey – it's always stuffed!

Why did the turkey form a band?

A. It had too many drum-sticks!

How do Christmas trees get their emails?

A. They log on!

Why is the government having problems with its own nativity this year?

A. They are unable to find 'Three wise men'!



December Birthdays

We would like to wish the following staff members that are celebrating their birthdays in December a very happy birthday; Susan Snell (19th).

